FolarraStudio

Year in Review Workbook

look back · learn · look ahead

PRINTABLE · MONTHS, WINS & LESSONS

This Workbook Belongs To

for anyone reflecting on the past twelve months

NAME _____

STARTED ON _____

PHONE / EMAIL _____

FAVORITE QUOTE _____

YEAR _____

How to use this workbook

- Print the whole planner once, then print extra copies of the pages you use most, such as the Months and Wins pages.
- Print at 100% / Actual size on A4 or US Letter paper. The printable pages have a white background to save ink.
- Hole-punch the pages and keep them in a binder, so you can add pages any time.
- Every page is undated, so you can start in any month of any year.
- Set aside a quiet hour, look back month by month, then plan what you want next.
- Digital planner: open the hyperlinked PDF in any PDF annotation app and tap the tabs to jump between sections.

My word for this year

Moments I am grateful for

Contents

Months 4

Wins 5

Life areas 6

Lessons 7

Favorites 8

Release 9

Next year 10

Notes 11

Thank you & terms of use 12

Month by Month

highlights from each month

January

February

March

April

May

June

July

August

September

October

November

December

Top 10 Wins

big and small

NO.	WIN
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

Life Areas Review

rate 1 to 10

AREA	SCORE	WHAT WENT WELL	WHAT TO CHANGE
Health			
Work			
Money			
Family			
Friends			
Home			
Growth			
Fun			

Lessons Learned

what this year taught me

About myself

About others

About work

About life

Year Favorites

the best of

CATEGORY	FAVORITE
Book	
Show / film	
Meal	
Trip	
Purchase	
Moment	
New friend	
Habit	

Letting Go

leave it in this year

Thoughts

Habits

Worries

Things

Looking Ahead

next year I want

To feel

To do

To learn

My word

Notes



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Thank you!

Thank you for choosing FolarraStudio. I hope this workbook makes everyday life a little calmer and more organized. If you enjoy it, tell a friend about folarrastudio.com.

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