FolarraStudio

Prayer Journal

pray · reflect · give thanks

UNDATED · PRINTABLE · REQUESTS, GRATITUDE & REFLECTION

This Journal Belongs To

a quiet place for your prayers

NAME _____

STARTED ON _____

MY QUIET TIME _____

MY FAVORITE VERSE _____

MY PRAYER PLACE _____

How to use this journal

- Print the whole planner once, then print extra copies of the pages you use most, such as the Daily Prayer and Prayer Requests pages.
- Print at 100% / Actual size on A4 or US Letter paper. The printable pages have a white background to save ink.
- Hole-punch the pages and keep them in a binder, so you can add pages any time.
- Every page is undated, so you can start in any month of any year.
- Use a Daily Prayer page in your quiet time and add requests to the Prayer Requests list.
- Digital planner: open the hyperlinked PDF in any PDF annotation app and tap the tabs to jump between sections.

My word for this year

Why I keep a prayer journal

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Daily Prayer

a few quiet minutes



DATE _____ VERSE / READING _____

Thankful for

My prayer

Reflection

Today I will

- [ ]
- [ ]
- [ ]
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- [ ]
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Prayer Requests

hold them close

DATE	REQUEST	FOR	ANSWERED
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Answered Prayers

remember how far you have come

DATE	PRAYER	HOW IT WAS ANSWERED

People I Pray For

family, friends & community

NAME

NEEDS

UPDATES

NAME

NEEDS

UPDATES

NAME

NEEDS

UPDATES

NAME

NEEDS

UPDATES

NAME

NEEDS

UPDATES

NAME

NEEDS

UPDATES

NAME

NEEDS

UPDATES

NAME

NEEDS

UPDATES

Gratitude

count the blessings

Big blessings

Small blessings

People

Answered prayers

Verses & Quotes

words to keep close

REFERENCE	WORDS	WHY IT SPEAKS TO ME

Weekly Reflection

look back with a grateful heart

WEEK OF _____ VERSE _____

Where I saw blessings

What I learned

What I am praying for

- [ ]
- [ ]
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Next week

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Faith Goals

grow a little every month

Habits to build

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Books & readings

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Ways to serve

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Prayers for this year

Reflection Notes

lessons and thoughts to keep

Notes

Lessons

Notes



FolarraStudio

Thank you!

Thank you for choosing FolarraStudio. I hope this journal brings you peace and many quiet moments of prayer. If you enjoy it, tell a friend about folarrastudio.com.

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