FolarraStudio

Kids Recipe Book

mix · cook · taste

PRINTABLE · RECIPES, RATINGS & KITCHEN RULES

This Book Belongs To

for young cooks and their grown-ups

MY NAME _____

MY AGE _____

MY FAVORITE COLOR _____

MY BEST FRIEND _____

I STARTED THIS ON _____

How to use this book

- Print the whole planner once, then print extra copies of the pages you use most, such as the Kitchen rules and Recipe page pages.
- Print at 100% / Actual size on A4 or US Letter paper. The printable pages have a white background to save ink.
- Hole-punch the pages and keep them in a binder, so you can add pages any time.
- Every page is undated, so you can start in any month of any year.
- Write your favorite recipes, cook with a grown-up and rate how yummy they were.
- Digital planner: open the hyperlinked PDF in any PDF annotation app and tap the tabs to jump between sections.

My word for this year

Foods I love

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Kitchen Safety Rules

before you cook

Always

- [ ] Ask a grown-up
- [ ] Wash hands
- [ ] Tie hair back
- [ ] Wear an apron
- [ ]
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Careful with

- [ ] Knives
- [ ] Hot ovens
- [ ] Stove tops
- [ ]
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After

- [ ] Clean up
- [ ] Wash dishes
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My Recipe

one recipe per page

RECIPE _____ SERVES _____

TIME _____ MADE WITH _____

Ingredients

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____

Steps

_____

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Yummy rating

_____

_____

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Draw My Dish

what it looked like

NAME _____ DATE _____

Draw here

Recipes I Want to Try

wish list

RECIPE	FROM	TRIED
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		☐
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		☐

Taste Test

try new foods

FOOD	LOOKS	SMELLS	TASTES	AGAIN?

Measuring Helper

cups and spoons

THIS	EQUALS
3 teaspoons	
4 tablespoons	
1 cup	
2 cups	
4 cups	

Shopping List

for our next cook

GOT IT	ITEM
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Notes



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Thank you!

Thank you for choosing FolarraStudio. I hope this book makes everyday life a little calmer and more organized. If you enjoy it, tell a friend about folarrastudio.com.

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